

Step-by Step: Conducting a One-on-One Inner Healing Event Speaking Directly With the Client

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From a variety of sources, and especially C. Kraft

Part 1: Prelude prior to the act of ministry:

- Have you been justified and baptized? (Saved?) (Make certain that the client is - do not take their word for it. *Justification may be lost through a sinful lifestyle.*) Are you leading a righteous life and lifestyle?
- We will be dealing with very personal material, and you must be willing to be totally truthful. Are you 100% on board with the act of ministry?
- The best result we may obtain is total healing of the mind, emotions, memories and dreams; {and the setting free from resentment, rejection, self-pity, depression, guilt, fear, sorrow, hatred, inferiority, shame, unforgiveness, condemnation, worthlessness, soul ties, sin, low self-esteem and worry}, all by the power of the Spirit of Yahshua our Savior. (Each may be dealt with separately if time.)
- As the minister of this inner healing I am willing and able to keep what you tell me in the strictest confidence so that afterward we may continue to maintain a healthy relationship, for we are likely to be seeing each other in the future.
- There are risks! (The risk involved is the counselor's loss of reputation. Another risk is the counselee's self-image; what she divulges may be shocking for her and you. A high level of emotional intelligence and holiness is required for a counselor to be effective in this ministry, and thus not make the inner pathology of the counselee any worse than before.) Have you completed the checklist for me regarding the spaces within yourself that you feel need redemption?
- And do you understand that these acts of inner healing are a prelude to restoration (deliverance) ministry? (Yes / No.) This ministry is valuable since it weakens any demons that may have infiltrated or are oppressing, making them much easier to be rid of later.
- (Declare to the air:) I speak in the name of Yahshua, who died and was raised from the dead. To all demonic spirits, spirits of air, wind, fire, water, the netherworld and gloom: You are bound up for the time being as we endeavor to commit to this act of ministry!

Part 2: Steps to Complete the Inner Healing Ministry:

For this section, let us take the time we need to deal with people and events. We must not be in haste, but take proper time on each step, don't feel rushed! Take the time you need to think about these things so you can properly describe what is going on in the midst. Take your time!

- Explain: We can't know why Elohim allows abuse, but we do know that Satan wants

to parasitize us, weaken us and ultimately destroy us; *but we are not destroyed*, because we have a protector that is more powerful than it or its myriad of infiltrators.

- Pray : “My Father and my Elohim, We implore you to send your Son into each of the situations that {name} is about to describe. We thank you for your faithfulness and clarity.”
- Inquire for each issue: Name the first person or event that has brought hurt and pain to you, and that you would like the Savior to deal with as we go on.
- Forgiveness may or may not do anything for the one who has hurt you, but it will do wonders for you and your spirit, as you put this burden down and kick it into the cave of forgetfulness. You may want to write these people and events down so that we can actually destroy them as we destroy the paper and the event.

REPEAT UNTIL FINISHED

- Who or what is the first on your list of hurts, people or events that we want to deal with?

(You may also write these down in this space.)

- When you are ready, declare your forgiveness for this person. If an event, declare that you have put this down lower than your feet, and / or write such down with the intention of burning the list later.
- Now bring Yahshua into your imagination as mediator, reliving each hurtful act or event (to a small extent anyway), and while each are being dealt with, see Yahshua come into the situation in your imagery. What is Yahshua doing now? Now seek your release from Yahshua for each burden of unforgiveness. Now what do you see Yahshua doing? He will do as he pleases. (Do not tell the client what Yahshua *should* be doing!)
- (If the counselee sees Jesus doing things untoward, then the infiltrating entities that are causing this should be immediately bound or cast out “to the feet of Jesus for him to do with as he will.”)
- Follow this with the *proclamation* (“*Name* - You are forgiven! *Event* - I am done with this!”)

UNTIL ALL THESE PEOPLE OR EVENTS ARE AMELIORATED.

- (When finished.) Let’s seal all these people and issues into the ground with a cleansing prayer of forgiving and forgiveness. Repeat after me:

Merciful Father in Heaven, let the circumstances and the memories of the people that I have mentioned be buried far from me. Let them be covered over with soil, earth to earth, dust to dust. Let them decay and come to nothing. Let them be mingled with the ever-restoring earth and disappear from my mind and heart, and dissipate from my world. May the Savior continue to help me as I once and forever forgive all sins and insults against me. There they

go! They are gone. HalleluYah.

(Now take a short break *if necessary*, remaining in the spirit of prayer and supplication.)

Part 3: Dealing with Sins, Iniquities, Soul Ties, Vows, Curses & Occult Activities

- (In this space, note the various items the client has completed on their intake form, and deal with them in like manner as above.)

- (*If necessary*, take a break here; use this prayer:) Let us pray, Father, keep our break space holy unto you as we rest for awhile and become regenerated through the love and care of your unique spirit. And we thank you.

Part 4: Gestation Imagery and Blessings

- Imagery: You are in the womb in this exercise - at the very beginning of your gestation. Picture Yahshua's voice in the womb with you, 'I chose you to be conceived; I assigned your gender, gifts, motivations - *and holy burdens* - to make you strong! I see to it that you are good! When the Devourer would have you, I protect you. And now, child, I approve of you and am bringing you wisdom and favor, healing, restoration and power to live right and at liberty. And I will always love you and help you. And I am helping you now to be born; and do not fear - you *will* be born - for I am with you!

(The counselor inquires as to what the counselee is seeing. If there is no response to the act of ministry or the imagery any hindrance should be bound.)

- Breaking Curses, etc. (Go slowly) "Now Jesus and us will take our authority over father's and mother's bloodlines to *break all curses, cancel all dedications, disconnect all soul ties, dismay all effects of inherited family sins, oaths, vows and habits* of these parents, *all of satanic influences that may have been passed down*. Take a breath, now release all these foul liabilities - release the breath, release the muscular tension, release all nervousness. You are calm, collected and in your right mind, through Messiah and his power of binding and loosing."
- **Go on to bless the imagined child in each month of gestation** - See yourself in Jesus arms!
(Invite the counselee to articulate any feelings as you go along, including discomfort, loneliness, darkness, dread.) "What do you feel in there?" (***Go month by month through the nine months gestation:***)

“You are conceived and in the womb. You are approved by your creator and important to his creation. You are blessed in the Kingdom and on Earth in every situation and circumstance.”

- (And then for each month:) “We speak to the breaking of negative attitudes of mother or father in *each month* of the gestation: any anger, feelings of unworthiness, illness, trauma, the effects of bad habits or risky behaviors.” (Take your time.)
- In each month - “Is there anything else that you feel that we need to address? Anyone we need to forgive?” Then Jesus whispers to you (in the womb), “*I* chose your life so that you could choose life over death, holiness over depravity, ministry over apathy, confidence over insecurity. *I* chose you to be whole and perfect. What do you choose? Do you choose life?” Repeat after me, “I choose life!” And continue through the gestation months.
- (Ninth month’s end imagery): “Picture yourself being born and as an adult entering the nursery with Jesus. Imagine: “What does Yahshua do?”
- (You may here direct the client in this manner:)
“Jesus takes you from your place and lifts you up into his arms. On his face is an approving and adoring smile. And now, he hands your infant-self to you. Accept your baby-self from Jesus. Adore her and make her feel safe and beloved.” (What does the counselee see at this point?) Finally, “Imagine the child *becoming you* and *disappearing into you*.” Now it is just the counselee and Jesus in the imagery.
- Prayer: “Thank you Father for sending your son into this happy occurrence. ,,,”

Part 5: Dealing with deaths

... abortions, miscarriages, abortions prior to the counselee’s birth or other negative experiences:

“Have you had any such experiences or traumas in your life? Let us call on the Spirit for the power of remembrance.

- {In the case of abortion, miscarriage, still-birth, etc.} - Picture yourself with your baby alive and in your arms. What is the baby’s gender? Have you given the baby a name? {If not,} Could you give the baby a name now? Take your time. Now speak to the baby - your baby . . . What do you need to say? {Sometimes an apology is in order.}
- You will certainly meet face-to-face in the resurrection. Let’s start a new relationship with this child now until then. Might you see Jesus (Yahshua) coming into the scene? ... Can you hear him telling you that you are forgiven for any part you may have played in this child’s death? When you are finished, hand the baby to Jesus. See him carrying the child away to safe keeping - right out of your imagination.
- {This exercise may help a mother to get free from guilt, shame and self-loathing.}
“Now you have been forgiven and are free. Repeat after me - I am forgiven, and I am free!” This exercise may be repeated for other, similar needs.

Part 6: Dealing with adulterous relationships, unhealthy relationships, resentment, rejection, self-pity, depression, guilt, fear, sorrow, hatred, inferiority, shame, unforgiveness, condemnation, worthlessness, soul ties, sin, low self-esteem and worry; whatever you detected from the checklist.

- {Sins in each are confessed one by one, and forgiven one by one.} Next renounce your *soul-tie* {or whatever} with *so-and-so*. I renounce it all all other ties to that person, for they have been empowered by demonic authorities to destroy me. But no more. I break each soul-tie (or ungodly relationship) in the name of Jesus. . . . Jesus forgives you and makes that hindrance disappear.
- Other relationships: homosexual, domineering, dependent, controlling, close friendships and ongoing lusts of the flesh, lusts of the eyes and prides of life. Do as with adulterous relationships.

Part 7: Dealing with habitual acts or thoughts. “I call on the Holy Spirit to chase away any tendency toward self-hatred, hatred of the body, etc. I take responsibility for my own actions and attitudes without reservation, and with the help of my willpower and my holy spirit, I cast these things to the feet of Jesus for him to do with as he will, and I will do my best in *my own will* to overcome these thoughts and habits now that my holy Spirit has dealt with them.” {Sometimes one must commit to doing something else repeatedly and for a significant time to counter or alter the habit. confront the attitude or habit, affirmations, self-talk. Find *something godly and simple* to take the place of the habit (like memorizing a Bible verse)}.

Complete *Two Hours to Freedom* if any of this comes up again.

Close out with prayer: “We adjure all these evil hindrances that we have spoken of to be boxed up and locked away and sent to the feet of Jesus for him to do with as he will. And we thank you, Father, for visiting us with healing of memories. We pray that as time goes on, we will experience more and more of your healing balm: binding and loosing, blessing and favoring, challenging and succoring.)

This might be done in conjunction with anointing with oil and perhaps reciting the Master’s Prayer - or even communion.

Now we can go on to the restoration or Deliverance Ministry - or set up another session for that.